# TIPS FOR YOUR TRIP

BROUGHT TO YOU BY GOBI GEAR

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#### WHAT DRIVES GOBI GEAR?

oday, adventure is being lost – squeezed into teeny, tiny, perfectly scheduled bits – that can be downloaded, played, or watched from the comfort of the couch. Think about it, people use to engage in life or death battles with the ocean, in leaky, wooden boats. They would traverse mountains, with no map, no trail, and no

and definitely outside your comfort zone. At Gobi Gear, we make the gear you're going to need if you want to hazard an adventure. We carefully envision, create, and test products that are not just different from what's already out there, but also gear that will make your life better. When you chase your own adventure, you need gear that is as tough as your known destination. Adventure, that word use to involve life sizing you up, and slapping you in the face, in a place where the only acceptable response, was for you to screw up your courage and say "I would very much like some more please". When you are on an adventure, there is no getting off the ride, you have to finish it. Adventure happens

determination, and as strong as your spirit. With dirt in your fingernails, mud on your shoes, though pain and exhaustion, to wonder and jubilation, our products will be right there with you. Wherever life takes you, Gobi Gear will keep you prepared, keep you organized, and most importantly, keep you searching for that next adventure.

#### INTRODUCTION

Packing can be a daunting task. Everything you are going to need to live for the foreseeable future will have to fit inside your pack.

Your pack will become an extension of your body. It will wear the same dust as your face from riding a moped in Vietnam, and will probably sleep in your bed with you, should you find yourself on a sketchy overnight ferry to a remote tropical island.

With over 15 years of backpacking experience, we at Gobi Gear have trekked through over 40 US states and 16 countries, including Nepal, Kenya, Tanzania, and New Zealand.

#### So, where to begin?

The first question to ask, is what type of backpacking trip are you taking? Will you be traveling by foot and carrying your pack with you, or will your be traveling by vehicle with your pack is your suitcase? Distinguishing between these two major trip types is important when moving forward with planning your trip.

As always, there may be other items that you will need depending on the climate and duration of your trip. This booklet serves as a starting point, and we recommend researching the areas you are traveling and be sure to look into what items may be required before you pack.

#### **TRIP GUIDE:**

BY FOOT JR BACKPACK	TYPE A	Hut Backpacking You plan on carrying your own gear, hiking during the day and sleeping sleep in a hut or trail shelter at night.
TRAVELING BY FOC CARRYING YOUR BACKPAC	TYPE B	<b>Backpacking</b> You will be living out of your backpack and sleeping in a tent, hammock, or bivy.
BY VEHICLE OUR SUITCASE		AVERSION
RAVELING BY VEHICLE BACK PACK IS YOUR SUITCASE	ТҮРЕ С	Hostel/hotel & day hikes You plan to hike all day and staying at a hostel, hotel, or inn during the nights.

#### ITEMS FOR EVERY TRIP TYPE:

CAMERA WITH EXTRA **MEMORY CARDS &** BATTERIES **BOOKS & MAPS OF** DESTINATION BINOCULARS **GPS DEVICE (DON'T RELY ON PHONE)** FIRST AID KIT PACKABLE PILLOW LONG SLEEVE SUN SHIRT **RAIN COAT & RAIN** PANTS DOWN PUFFER HIKING BOOTS HAT & GLOVES SOCKS UNDERWEAR (2) PAIRS OF PANTS (2) TEE-SHIRTS (1) WOOL SWEATER

**HEAD LAMP** WATER FILTER AND/OR **IODINE TABLETS** SUNGLASSES SUN HAT HOBOROLL™ OR **SEGSAC™** EXTRA WATER (1 GAL PER PERSON) TWEEZERS SUN SCREEN HAND SANITIZER TOOTHBRUSH/ TOOTHPASTE, FLOSS & OTHER PERSONAL ITEMS **TOILET PAPER** LEATHERMAN<sup>™</sup> AND/ OR MULTI-TOOL + KNIFE DECOY WALLET

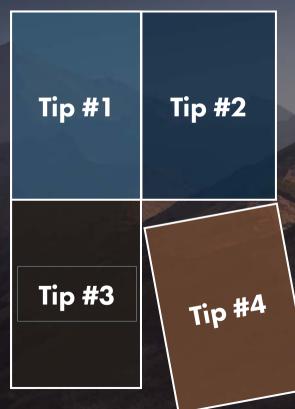
#### ITEMS FOR SPECIFIC TRIP TYPES:

RIP TYPES:					
Α	В	С	D		
		and a second	100	TENT WITH RAIN FLY	
	•			CRASH PAD	
4	<b></b>		À.,	SLEEPING BAG	
	<b></b>	▲		SLEEPING LINER	
4		<u> </u>		MOSQUITO NETTING	
4	-		<b>_</b>	TREKKING POLE	
		<b>_</b>	<b>_</b>	SUN DRESS (FOR LADIES)	
		-	<b>_</b>	BATHING SUIT	
X	<b>A</b>			COOK STOVE	
4	A.		/-	COOKWARE	
4	<b></b>			SPORK	
				STRIKE-EVEN-WHEN-WET™ MATCHES	

#### HOW TO USE THE TRAVEL TIPS

#### STEP 1:

CUT OUT TIPS ALONG WHITE BORDER AND SAVE IN WALLET FOR EASY ACCESS.



#### **STEP 2:**

LEAVE BEHIND THE INSPIRATIONAL IMAGES AND SHARE WITH FELLOW TRAVELERS.



- Henry David Thoreau



- John Muir

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### Tip #1

Wrap duct tape around your hiking pole, that way will always have some on hand.

Tip #3

You are far better off having more pairs of socks than pairs of pants or shirts.

### Tip #2

Do a "fit " test of your fully packed backpack for a minimum 3 mile hike, a week before you depart.

Tip #4

Solid rain gear is very important. Test your rain gear on a rainy day, or even in the shower. There is nothing worse than being 18 miles into the hike only for your rain gear to fail. "Every day is a journey, and the journey itself is home." - Matsuo Basho

#### **Tip #5**

Carry a decoy wallet with a few dollars, expired credit cards, a library card, and anything else that gives the appearance that this is a real wallet, but nothing important if the wallet is stolen.

#### Tip #7

Do not fly with cooking fuel or bear mace. If you are getting on a plane, buy these items once you land.

### **Tip #6**

Women - wear a fake wedding ring or engagement ring when traveling.

# Tip #8

Try not to buy bottled water when you travel, many countries do not have a recycling program. The plastic ends up in rivers & oceans. A \$250 water filter or iodine tablets are worth the investment.

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### **Tip #9**

#### "Wherever you go, go with all your heart."

- Confucius

Always bring a GPS or trail map. Don't rely on your cell phone's GPS because you may not have service where you are traveling.

### Tip #10

A book can be a great item to bring on certain trips, but if you're carrying your pack all day, you might be better off leaving it behind.

## Tip #11

Clothing that is adaptive is important. Pants that convert to shorts, and a light sweatshirt can be the difference between overheating and/or getting too cold.

### Tip #12

Always let someone know where you are going, no matter how short the hike may be.

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"Everywhere is within walking distance if you have the time."

- Steven Wright

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# Tip #13

Good, comfortable hiking boots that FIT are worth the money. It does not matter if they for light hiking or heavy duty, the most important attribute is that they fit.

#### Tip #15

Wool is the best - for under layers (even underwear) and outer warmth.

# Tip #14

A packable, light down jacket is a must unless traveling to the tropics with no elevation or cool nights.

### Tip #16

If hiking where every ounce matters, try breaking the handle off your toothbrush to save some weight. "Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

- Harriet Tubman



Stuff the clothing you are going to wear tomorrow at the bottom of your sleeping bag at night, so they are warm the next morning.

### Tip #18

Purchase a hand crank flashlight, it will be lighter to carry around than extra batteries, and it will never run out of juice.

# Tip #20

Don't forget to stop and look around, take in the scenery every chance you get.

Tip #19

Never drink from a mountain stream or lake without a water purifier or iodine tablets, no matter how clear the water may look.

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